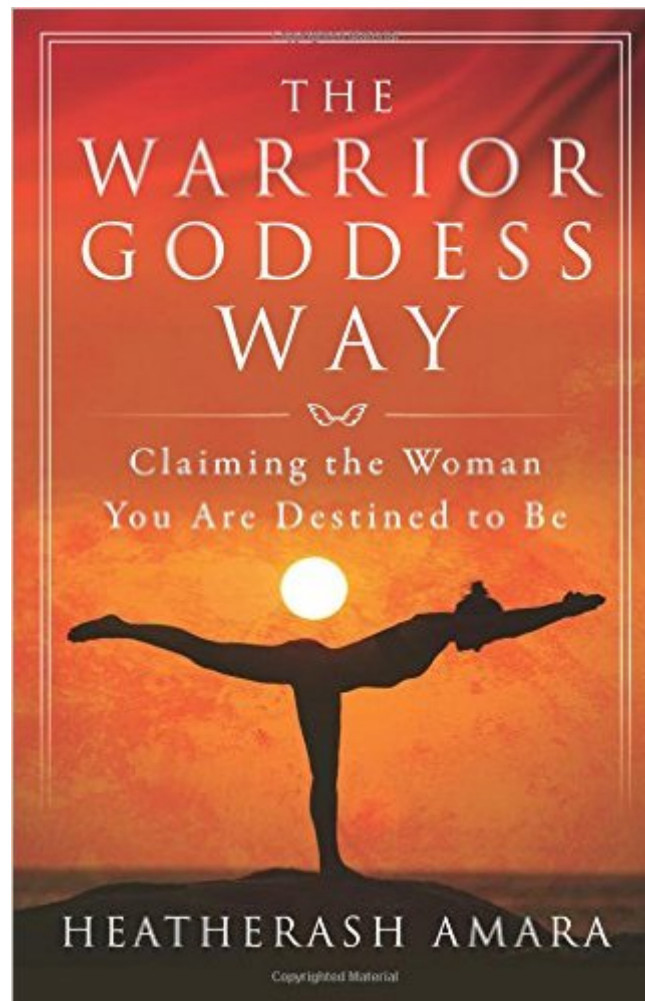


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The Warrior Goddess Way: Claiming The Woman You Are Destined To Be



Synopsis

Learn the Way of the Warrior Goddess Since its publication a short time ago, Heather Ash Amara's Warrior Goddess Training has become much more than just a book—its ten lessons have inspired thousands of women around the world to reclaim their power, their passion, and their freedom. In this much anticipated follow-up, *The Warrior Goddess Way*, Amara goes deeper, revealing three additional pillars of Warrior Goddess living that readers can apply to travel further down this sacred path: Wisdom, Authenticity, and Yes! • Wisdom arises naturally when we learn to listen. Not to the voices in our head, but the voices in our cells, our natural discernment, and our creative knowing. • Authenticity is embracing your vulnerability, your silliness, and owning all your superpowers. It's accepting and loving what is, not what it should be. • Yes! is about celebrating everything. All the time. (Even your greatest defeats.) In exploring these three pillars, Amara delves into topics such as forgiveness, relationships, and finding your inner stillness. You will learn the art of maintaining emotional balance, cultivating self-respect, practicing heartfelt communication, and the power of consciously embracing life's beginnings and endings. Like *Warrior Goddess Training*, this book is packed full of exercises and explorations designed to help you integrate the *Warrior Goddess Way* into your everyday life. You CAN learn to enjoy everything you do. Your potential for dancing through life is waiting to be awakened. Live the *Warrior Goddess Way* and claim the woman you are destined to be.

Book Information

Paperback: 192 pages

Publisher: Hierophant Publishing (October 24, 2016)

Language: English

ISBN-10: 1938289579

ISBN-13: 978-1938289576

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Best Sellers Rank: #12,421 in Books (See Top 100 in Books) #9 in Books > Religion & Spirituality > New Age & Spirituality > Shamanism #10 in Books > Religion & Spirituality > New Age & Spirituality > Goddesses

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